

**Snapshot**

**Taster sessions
for parents**

Left to their own devices

**Tuesday 23rd November @ 5pm**

*Helpful tips on the digital world*

***Zoom details:***

Meeting ID 945 4538 6823

Password: 64463213

Emotional Health & Wellbeing in children & young people

**Tuesday 30th November @ 5pm**

***Zoom details:***

Meeting ID 945 4538 6823

Password: 64463213

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Drug proof your kids

**Tuesday 7th December @ 5pm**

***Zoom details:***

Meeting ID 945 4538 6823

Password: 64463213

Challenging Behaviour

**Tuesday 14th December @ 5pm**

***Zoom details:***

Meeting ID 945 4538 6823

Password: 64463213

For more information about these taster sessions, please contact: Karen Thomas (07765253192) or Debra Kennedy (07585101081)